

Figure Flattering Techniques

Are you blessed with the physique of a super-model? Then this article is not for you. If you're like the other 98% of brides shopping for their wedding gowns, here are a few tips.

In an effort to look gorgeous in their gowns, many brides try to mask one of three so-called "figure flaws".

THIN TORSO

- Ballroom gowns with full, gathered skirts will fill out your figure.
- Trim at sleeves and neckline will attract the eye.
- Avoid extremely high or low waistlines.
- High necklines and straight skirts will only emphasize your tall, thin frame.

LARGE OR THIN ARMS

- Camouflage flabby arms with long sleeves.
- Extend thin shoulders with full sleeves.
- Avoid sleeveless and off-the shoulder necklines.

THICK WAIST

- Deep and open necklines will create a curve.
- Ornamentation can call attention away from the waistline.
- Empire waists are popular and an excellent waistline cover-up.